



YUKON EDUCATION CONDITIONS FOR LEARNING AND COMPREHENSIVE SCHOOL HEALTH

Comprehensive school health is an internationally recognized framework for supporting improvements in students' educational outcomes while addressing school health in a planned, integrated and holistic way (From the Joint Consortium for School Health: <http://www.jcsh-cces.ca/>).

OBJECTIVES OF THIS DOCUMENT

1. To outline resources that are useful for teachers and students in Yukon Education that coincide with the 4 pillar areas of health as adopted from the Joint Consortium for School Health.
2. To find resources which align specifically with the Comprehensive Health Promoting Schools Action Plan for Yukon Education and its 4 pillars and objectives.
 - a. These pillars are composed of:
 - i. Social and Physical Environment
 - ii. Teaching and Learning
 - iii. Healthy School Policy
 - iv. Partnerships and Services
3. To specify target grade levels for each given resource.
4. To provide contact information to make each resource easily accessible for teachers of Yukon Education.

<p>Description</p> <p>The social environment is:</p> <ul style="list-style-type: none"> • The quality of the relationships among and between staff and students in the school. • The emotional well-being of students. • Influenced by relationships with families and the wider community. <p>The physical environment includes:</p> <ul style="list-style-type: none"> • The buildings, grounds, play space, and equipment in and surrounding the school. • Basic amenities such as sanitation and air cleanliness. 	<p>Anxiety Bullying/Violence Prevention Career Depression Drugs/Alcohol/Addiction Eating Disorders Environment/Climate and Connectedness/Healthy Relationships Mental Health (MH) Nutrition Physical Health & Activity (PH&A) Psychosis Safety Self-harm Sexual Health (SH) Suicide Youth Engagement</p>
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SOCIAL AND PHYSICAL ENVIRONMENT

Target Grade Level(s)	Subject/Area	Resource	Resource Description	Resource Contact Information
8-12	Bullying & Violence Prevention	Be the Change	An initiative where students from grades 8-12 have opportunity to build positive relationships and self-esteem through social-emotional activities.	http://www.education.gov.yk.ca/ http://www.challengeday.org/
8-12	Bullying & Violence Prevention	Am I the Solution?	An inter-departmental campaign on the prevention of violence against women.	http://www.womensdirectorate.gov.yk.ca/
8-12	Bullying & Violence Prevention	White Ribbon Campaign	A men's action campaign to end violence against women.	http://www.womensdirectorate.gov.yk.ca/
8-12	Bullying & Violence Prevention	Social Justice Clubs	Offered in some high schools, social justice club aims to enhance student awareness of global issues and encourage community involvement.	http://www.education.gov.yk.ca/
K-7	Bullying & Violence Prevention	Character Education Assemblies and Values Initiatives	Assemblies and monthly events related to character education offered in a number of Yukon schools.	http://www.education.gov.yk.ca/

8-12	Drugs/Alcohol/Addiction	Low Risk Drinking Guidelines Brochure	A brochure from Health Promotions Alcohol and Drug Services not HP based on the Canada's Low-risk Alcohol Drinking Guidelines	http://www.hss.gov.yk.ca/pdf/LowRiskDrinkingGuidelinesBrochure_English.pdf
5-12	Drugs/Alcohol/Addiction	Smoke Screening	Smoke Screening is a contest to vote on media ads. This program is offered by the Health Promotion Unit, YG, along with the Get Reel Program, a video making contest about being smoke-free.	http://www.smokescreening.ca/
K-12	Environment/Climate and Connectedness	Green Initiatives	Recycling depots offered in all Yukon schools.	http://www.education.gov.yk.ca/
K-12	Mental Health	Self-Regulation Initiative	Initiative to support children to feel calm, alert and focused to learn.	http://www.education.gov.yk.ca/
	Nutrition	Yukon Nutrition Framework - 2010	The Yukon Nutrition Framework presents four goals as the main areas of focus: 1) to promote healthy eating practices 2) improve food security 3) support special populations and their nutrition needs 4) address major nutrition and health issues facing Yukoners	http://www.hss.gov.yk.ca/pdf/nutrition_framework.pdf
K-7	Nutrition	Food for Thought	A healthy eating program that encourages students, teachers, parents, and daycares to Think Outside the Box to foster and promote healthy eating messages and activities	http://www.yukonfoodforthought.ca
K-7	Physical Health & Activity	Before School Activities	A number of elementary schools open the schools early for children to access games and activities.	http://www.education.gov.yk.ca/
K-7	Physical Health & Activity	Terry Fox runs	A number of schools engage in various charity funs including Terry Fox Day.	http://www.education.gov.yk.ca/
K-12	Physical Health & Activity	RPAY activities for after school and ideas for school age kids	RPAY promotes, and provides grants for, children engaging in physical activity after school hours.	http://www.rpayschools.org/active-yukon-after-school.html http://www.rpayschools.org/active-yukon-schools.html
	Physical Health & Activity	Access to Free Bikes At Yukon Education	An initiative of Yukon Education allowing access to bikes in the department during the summer time to encourage exercise for short trips.	http://www.education.gov.yk.ca/
K-7	Physical Health & Activity	Reverse lunch hour or play-first lunch	Yukon schools reverse lunch and play so that children can have a play break first and then eat.	http://www.education.gov.yk.ca/
8-12	Sexual Health	GSAs	Clubs are offered in a number of our high schools to support our LGBTQ youth	http://www.education.gov.yk.ca/
Rural – 10-12	Environment/Climate and Connectedness	REM	Rural Experiential Model ---offers experiential opportunities for rural students	http://www.education.gov.yk.ca/
K-12	Bullying & Violence Prevention	Bullying – We can all help stop it	A guide for parents of elementary and secondary school students containing information on topic such as: how to help if you think your child is being bullied; what to do if you think your child is bullying others; what to expect from a school; how Ontario is making its schools safer.	http://www.edu.gov.on.ca/eng/parents/bullying.pdf
K-12	Bullying & Violence Prevention	Safe Schools – Nova Scotia	As a division of the School Administration Department, Safe Schools offers training, resources and individual support to assist schools in ensuring that every school is a safe place to learn and succeed.	http://www.hrsb.ns.ca/content/id/230.html

K-12	Bullying & Violence Prevention	Safe and Caring Schools – Newfoundland & Labrador	The Department of Education is a partner in the Violence Prevention initiative of the government of Newfoundland and Labrador. In support of this initiative, the Student Support Services Division of the Department of Education has established a Safe and Caring Schools Initiative to promote safe and caring learning environments and to be pro-active/preventative in addressing violence issues.	http://www.ed.gov.nl.ca/edu/k12/safeandcaring/index.html
K-12	Bullying & Violence Prevention	I Right the Wrong – Quebec	I Right the Wrong is Quebec-government sponsored website with articles, videos and information or young people, parents and educators on topics related to bullying and cyber-bullying.	http://irightthewrong.com
K-12	Bullying & Violence Prevention	Fondation Jasmin Roy	The mission of the Jasmin Roy Foundation is to fight discrimination, bullying and violence to children in schools at the primary or secondary level. The goal of the Foundation is to provide a safe and secure environment to students by supporting and organizing various activities aimed at providing a better response to the victims of the bullies.	http://fondationjasminroy.com
K-12	Bullying & Violence Prevention	Unlike Cyber-bullying	The Cyber-bullying Project is an initiative of the Government of Nova Scotia, in response to the problem of online intimidation, particularly as it affects students in schools. Unlike Cyber-bullying is a phase of the initiative and is a province-wide campaign that treats cyber-bullying as if it were a virus, giving students the tools to speak out and 'cure' it.	www.unlikecyberbullying.ca
K-12	Bullying & Violence Prevention	Safe and Caring Schools – Manitoba	The resources on this website are designed to help students, parents, educators, volunteers and community members learn to recognize bullying behaviour and take action to stop it.	http://www.edu.gov.mb.ca/k12/safe_schools/
K-12	Bullying & Violence Prevention	Safe Schools Manitoba	Safe Schools Manitoba is a partnership initiative of organizations committed to working together to enhance the safety of Manitoba's schools and communities. On this website, there are resources intending to help understand, prevent and address problems that threaten the safety of young people.	http://safeschoolsmanitoba.ca/
K-12	Bullying & Violence Prevention	Safe, Caring and Orderly Schools - BC	The Safe, Caring and Orderly Schools Strategy is a BC strategy with three main components: <ol style="list-style-type: none"> 1) <i>Safe, Caring and Orderly Schools: A Guide</i> 2) Enhancement of accountability mechanisms 3) Improved access to sources of information on school safety <p>ERASE (Expect Respect and A Safe Education) Bullying strategy is a comprehensive prevention and intervention strategy which builds on the Provinces' Safe, Caring and Orderly School's Strategy.</p>	http://www.bced.gov.bc.ca/sco/ http://www.erasebullying.ca
K-12	Bullying & Violence Prevention	Bully Free Alberta	A website developed as part of Alberta's commitment to ending family violence and bullying. Nine government ministries are working collaboratively with communities in implementing a cross-ministry strategy that will provide coordinated responses to family violence and bullying. The website has a variety of tips and tools for adults to prevent or intervene in bullying situations. Bully Free Alberta includes a free 24hr advice and support helpline.	http://www.bullyfreealberta.ca
K-12	Bullying & Violence Prevention	The Society for Safe and Caring Schools and Communities (SACSC)	The Society for Safe and Caring Schools and Communities (Safe and Caring) is a not-for-profit organization which builds community capacity to prevent bullying, violence and exploitation of children and youth through the promotion of healthy relationships.	http://www.1sacsc.ca
K-12	Bullying & Violence Prevention	Caring and Respectful Schools – Bullying Prevention	The Caring and Respectful Schools initiative provides a conceptual framework for strengthening schools as caring, respectful and safe learning environments.	www.education.gov.sk.ca/Bullying-Prevention

K-12	Bullying & Violence Prevention	Ontario Ministry of Education <i>Bullying: We Can All Help Stop It</i>	A Guide for Parents of Elementary and Secondary School Students	http://www.edu.gov.on.ca/eng/multi/english/BullyingEN.pdf
K – 12	Environment/Climate and Connectedness	BC Green Games	A program designed to facilitate changes towards green schools in a province-wide competition.	http://bcgreengames.ca/home.html
K – 7	Physical Health & Activity	Action Schools! BC	Action Schools! BC promotes healthy living in the school environment.	Ph. #: 1.800.565.7727 http://www.actionschoolsbc.ca/
K – 12	Physical Health & Activity	BC Healthy Living Alliance	BCHLA’s initiatives are building communities where it’s easier to get around by bike or on foot.	http://www.bchealthyliving.ca/physical-activity-strategy
K –12	Mental Health	Responding to Critical Incidents: a Resource Guide for Schools	A resource guide for schools to help handle grief and critical incidents and to provide support to students.	http://www.bced.gov.bc.ca/sco/resourcedocs/critinc.pdf
K – 7	Mental Health	Orientation to Child + Youth Mental Health Services: A Guide for Teachers	A document comprised of information regarding mental health issues in children, designed specifically for teachers.	http://www.heretohelp.bc.ca/sites/default/files/images/Teacher_Orientation.pdf
K-12	Social Responsibility	B.C. Performance Standards	B.C.’s Standards for: contributing to classroom environment and school community; resolving problems in a peaceful way, valuing diversity and defending human rights, and exercising democratic rights and responsibilities.	http://www.bced.gov.bc.ca/perf_stands/social_resp.htm
K-12	Bullying & Violence Prevention	PrevNet.ca	A network of Canadian researchers, non-governmental organizations (NGOs) and governments working together to stop bullying in Canada.	http://www.prevnet.ca/
K-12	Bullying & Violence Prevention	School Climate 2.0 - Preventing Cyber-bullying and Sexting One Classroom at a Time	This book seeks to explain and promote the importance of school climate in preventing teen technology misuse.	http://cyberbullying.us/school-climate-2-0-reviews-and-response/
K-12	Bullying & Violence Prevention	Peaceful school, Models that work	A book providing educators with examples of safe schools and many of the strategies safe schools use to create a culture of peace.	Yukon Department of Education, Resource Services Email: resserv@gov.yk.ca Ph. #: 1-867-667-5161
K-12	Bullying & Violence Prevention	Anti-Bullying Campaigns—Doing More Harm than Good?	An essay by Dr. Helene Guldberg exploring the effectiveness of anti-bullying campaigns.	http://www.heleneguldberg.co.uk/index.php/site/article/109/
K-12	Bullying & Violence Prevention	Let’s Build Pro-Hero Schools Instead of Anti-Bully Schools Why Anti-bullying Approaches Need to be Scrapped	An article and Ted Talks from the Hero Construction Company on the importance of promoting a ‘pro-hero’ message in schools.	http://www.theherocc.com/lets-build-pro-hero-schools-instead-of-anti-bully-schools/ http://www.theherocc.com/tedxmarinette-talk-why-antibullying-approaches-need-to-be-scrapped/
K-12	Bullying & Violence Prevention	Kids-Can	Kids-Can provides the understanding and resources to place educators in a better position to prevent and deal with bullying behaviour. Kids-Can also provides anti-bullying awareness and safer schools programs, training opportunities, and a complimentary newsletter.	http://kids-can.ca
k-12	Bullying & Violence Prevention	Dare-to-Care	Anti-bullying program for students, staff and parents, as well as life skills training for older students	http://www.datretocare.ca

K-12	Bullying & Violence Prevention	Red Cross - Stand Up to Bullying website Beyond the Hurt: A Comprehensive Approach to Bullying and Harassment	A website on what bullying is and how to recognize it. The website contains tips for schools. Red Cross's Beyond the Hurt program works with youth organizations, schools, sports and community groups to assist in building the capacity to respond to bullying and harassment.	http://www.redcross.ca/article.asp?id=24700&tid=108 http://www.redcross.ca/article.asp?id=27219&tip=001
5-12	Bullying & Violence Prevention	Bullying Canada	Bullying Canada Inc. is a national anti-bullying charitable organization created by and for youth. This website includes a section for organizations (e.g., schools).	http://www.bullyingcanada.ca
K-12	Bullying & Violence Prevention	Strategies for Healthy Youth Relationships (Featuring the Fourth R)	A consortium of researchers and professionals dedicated to promoting healthy adolescent relationships and reducing risk behaviour. The fourth R (R for relationships) initiatives use best practice approaches to target multiple forms of violence, including bullying, dating violence, peer violence, and group violence.	http://www.youthrelationships.org/index.html
K-12	Bullying & Violence Prevention	Assessment Toolkit for Bullying, Harassment and Peer Relations at School – Criteria of Best Practices (2004)	Developed in partnership with the Canadian Initiative for the Prevention of Bullying (National Crime Prevention Strategy), this free kit provides a standard way to measure the nature and prevalence of school peer relationship problems, standards for quality programs, and a common set of tools to assess the impact of school-based programs.	http://www.cpha.ca/uploads/progs/_/safeschools/assessment_toolkit_e.pdf
K-12	Bullying & Violence Prevention	<i>No Place for Bullying: Leadership for Schools that Care for Every Student</i>	<i>No Place for Bullying</i> is a step-by-step guide for how principals can build a bully-free climate.	Order online (i.e.: http://www.amazon.com/No-Place-Bullying-Leadership-ebook/dp/B00AQKOVXQ)
K-12	Bullying & Violence Prevention	Alaska Initiative for Community Engagement (Alaska ICE)	<ul style="list-style-type: none"> • Information on School Climate & Positive School Climate Policy • Information and list of Developmental Assets • Helping Kids Succeed—Alaska Style (books) 	http://alaskaice.org/school-climate/ http://alaskaice.org/developmental-assets/ http://alaskaice.org/partners-resources/resources/
K-12	Environment/Climate and Connectedness/Healthy Relationships	Indoor Air Quality: Tools for Schools Action Kit for Canadian Schools	A tool to address indoor air quality problems for use by principals and other school staff.	http://www.hc-sc.gc.ca/ewh-semt/alt_formats/hecs-sesc/pdf/pubs/air/tools_school-outils_ecoles/tools_school-outils_ecoles-eng.pdf
K - 12	Physical Health & Activity	Physical and Health Education Canada	Help schools establish quality physical activity and health programs, help children and youth learn the importance of physical activity and support physical activity and health education in the school setting.	http://www.phecanada.ca/programs
K - 12	Physical Health & Activity	The Walking Site – 10,00 Steps a Day	Motivational website to help individuals increase their steps per day to 10,000.	http://www.thewalkingsite.com/10000steps.html
K - 12	Physical Health & Activity	Canadian Fitness and Lifestyle Research Institute	Canadian fitness and lifestyle research institute conducts research, monitors trends and makes recommendations to increase population levels of physical activity and improve the health of all Canadians.	http://www.cflri.ca/eng/
K-12	Physical Health & Activity	International Walk to School	Website – provides programs and idea to promote healthy and green lifestyle	http://www.saferoutestoschool.ca/international-walk-school-daymonth http://shapeab.com/programmevents/international-walk-to-school-week/ http://greenactioncentre.ca/content/iwalk/

				http://www.rpayschools.org/international-walk-to-school-month--october.html
K-12	Safety	Safe Kids Week	A week dedicated to increasing safety, helmet use, and reducing injuries to youth.	Ph.#: 1-888-537-7777 http://www.parachutecanada.org/programs/item/safe-kids-week-2013-resources
K-12	Safety	Safe and Caring Schools and Communities	SACSAC is a not-for-profit organization dedicated to violence prevention and character education in schools.	http://safeandcaring.ca/
K-12	Sexual Health	PFLAG	PFLAG Canada is one of Canada's national organizations that helps all Canadians with issues of sexual orientation, gender identity and gender expression. PFLAG Canada supports, educates and provides resources to all individuals with questions or concerns, 24 hours a day, 7 days a week. Local Yukon chapter is based in Whitehorse.	http://www.pflagcanada.ca Ph.#: 1-888-530-6777 http://www.queeryukon.com/pflag-whitehorse.html
7-12	Substance Misuse	Helping Schools	Helping Schools is a resource that helps schools to understand drug and alcohol use of students and the factors that influence their physical and mental health. It also provides drug education through health promotion.	http://carbc.ca/KnowledgetoAction/HelpingSchools.aspx
K-12	Suicide	Centre for Suicide Prevention	The Centre for Suicide Prevention equips individuals and organizations with the information, knowledge and skills necessary to respond to the risk of suicide.	http://suicideinfo.ca

TEACHING AND LEARNING

Description

- Resources, activities and provincial/territorial curriculum where students gain age-appropriate knowledge and experiences, helping to build the skills to improve their health and well-being.

Target Grade Level(s)		IRP	Resource	Resource Description	Resource Contact Information
Yukon Territory					
K-12			Catalogue of Curriculum Materials 2013-2014	Curriculum materials, including books, video, programs, and kits on a variety of topics related to health and wellness.	Yukon Department of Education, Resource Services Email: resserv@gov.yk.ca Ph. #: 1-867-667-5161
K-3	Bullying & Violence Prevention		Walk Away, Ignore, Talk to Someone (WITS)	The WITS Primary Program teaches children in Kindergarten to Grade 3 to make safe and positive choices when faced with peer conflict.	http://www.witsprogram.ca/schools/primary-program/
K-8	Bullying & Violence Prevention		Second Step	This is a social skills program emphasizing problem solving skills, self-esteem and empathy, as well as self-regulation, executive function skills, and other skills for learning.	http://www.cfchildren.org/second-step.aspx
12	Bullying & Violence Prevention		Social Justice 12	A B.C. social justice course available for Yukon schools.	http://www.bced.gov.bc.ca/irp/course.php?lang=en&subject=Social_Studies&course=Social_Justice_12&year=2008
8	Career		Young Women Exploring Trades Conference	A one-day conference at Yukon College for 120 grade 8 girls from Whitehorse and rural communities to provide hands-on experience with different trades in a fun and supportive environment.	http://www.yukonwitt.org/YoungWomenExploringTradesYWETFair/tabid/60/Default.aspx
10	Drugs/Alcohol/Addiction		Party Program	Party Program is an interagency initiative to combat drinking and driving in our youth.	Yukon Hospital Corp Email: val.pike@wgh.yknet.ca
10	Drugs/Alcohol/Addiction		Party Program	Party Program is an interagency initiative to combat drinking and driving in our youth.	Yukon Hospital Corp Colleen Latham
K-12	Drugs/Alcohol/Addiction		DARE Program (Drug Abuse Resistance Education)	DARE is an international education program founded by Daryl F. Gates that seeks to prevent use of controlled drugs, membership in gangs, and violent behavior.	RCMP – Whitehorse Ph.#: 867 667-5555
7-12	Drugs/Alcohol/Addiction		Wake and Bake Supplementary Learning Resource and DVD	Yukon-made resource with lesson plans to increase awareness of illicit drugs and addiction. Based on the play, "Wake and Bake" that toured the Yukon in 2011.	http://www.hss.gov.yk.ca/healthpromotion.php For additional copies email: health.promotion@gov.yk.ca

4-6	Drugs/Alcohol/Addiction		Smokeless Tobacco classroom resource	Lesson Plans	http://www.hss.gov.yk.ca/healthpromotion.php
5-10	Drugs/Alcohol/Addiction		Get Reel (part of Smoke Screening program)	Set of videos on tobacco prevention for kids to vote on	http://www.smokescreening.ca/
K-12	Mental Health		Yukon Self-Regulation Initiative	The Yukon Self-Regulation Initiative promotes knowledge and understanding of self-regulation, and encourages implementation of programs/techniques for self-regulation in Yukon schools.	http://www.self-regulation.ca/
K-9	Mental Health		B.C. HACE K-7 & B.C. HACE 8-9	The HACE Curriculum is adopted from British Columbia and aims to provide students with the knowledge, skills, and attitudes necessary to be informed decision makers and to make healthy and safe choices.	http://www.bced.gov.bc.ca/irp/subject.php?lang=en&subject=Health_and_Career_Education
10	Mental Health	Y	B.C. HACE and Planning 10 curriculum and Transitions	The HACE Curriculum is adopted from British Columbia and aims to provide students with the knowledge, skills, and attitudes necessary to be informed decision makers and to make healthy and safe choices.	http://www.bced.gov.bc.ca/irp/subject.php?lang=en&subject=Health_and_Career_Education
11 – 12	Mental Health		B.C. HACE Career and Personal Planning	The HACE Curriculum is adopted from British Columbia and aims to provide students with the knowledge, skills, and attitudes necessary to be informed decision makers and to make healthy and safe choices.	http://www.bced.gov.bc.ca/irp/subject.php?lang=en&subject=Health_and_Career_Education
K-12	Mental Health		MINDUP	MIND UP is a brain-based resource promoting self-regulation and moral education.	http://www.thehawnfoundation.org
K-7	Nutrition		From the Ground Up	A partnership with local farmers for kids to learn about local produced vegetables and see them in a fundraiser.	http://www.hss.gov.yk.ca/healthpromotion.php
K-7	Nutrition		Kids in Kitchen Club	Kids in the Kitchen Club is an after school opportunity for kids to learn recipe, fun food facts, and kitchen safety.	http://www.hss.gov.yk.ca/healthpromotion.php
5	Nutrition		My Amazing Little Cookbook	This cookbook contains fun, easy and healthy recipes for children. It encourages them to try new recipes and have fun in the process.	http://www.hss.gov.yk.ca/pdf/amazing_cookbook.pdf
4-7	Nutrition		Nutritional Resources	Resources available on snacks, food preparation etc.	http://www.hss.gov.yk.ca/healthpromotion.php
K-7	Nutrition		Nutritional Resources	Food for Thought –campaign encouraging healthy food choices in the schools	http://www.yukondropthepop.ca/
K-12	Safety and Injury		Yukon Fire Marshal's office	Brochures and workshops on fire and carbon monoxide safety	http://www.community.gov.yk.ca/firemarshal/about.html
High School	Safety and Injury		Yukon Housing Corp	Resources on safety (carbon monoxide)	http://www.housing.yk.ca/
7-9	Environment/Climate and Connectedness/Healthy Relationships		Media Literacy Kit	Lesson Plans	http://www.hss.gov.yk.ca/healthpromotion.php

K-12	Physical Health & Activity		Sports Nutrition for the Yukon Athlete	SNYA is a resource for young athletes, coaches and parents for eating nutritious meals.	http://www.community.gov.yk.ca/pdf/sport_nutrition.pdf
4-7	Sexual Health		SHARE resource	This resource covers a number of the HACE Curriculum PLOs.	http://www.hss.gov.yk.ca/healthpromotion.php_email:health.promotion@gov.yk.ca
4-12	Sexual Health		Better to Know Sexual Health website	Yukon Health & Social Services website with sexual health information for teenagers, parents and teachers. Includes email option to ask nurse anonymous questions.	http://bettertoknow.yk.ca/
4-12	Sexual Health		YK Style Toll-Free Sexual Health information phone line	Free to Yukoners of any age, teachers, parents or students can phone and talk to a sexual health educator or nurse about any questions they have related to sexual health, talking to youth, etcetera. Anonymous and toll-free. 9am-9pm Monday to Friday. Hosted by Health Promotion, YG. Operated by Options for Sexual Health, BC.	Toll-free 1-877-957-8953
7-12	Sexual Health		Sex? A Healthy Sexuality Resource	Easy to read, colourful booklet. Explains basic sexual health concepts from puberty to birth control, STIs, and sexual consent. Includes extensive local resource lists. Adapted from Healthy Sexuality Working Group, "Sex? A Healthy Sexuality Resource" Nova Scotia Department of Health Promotion and Protection, 2009.	Email: health.promotion@gov.yk.ca
Provincial					
K-7	Anxiety		Taming the Worry Dragons	A resource for young children to combat anxiety.	http://www.socialthinking.com
8-12	Bullying & Violence Prevention		Service de Police de la Ville de Montreal - Youth	Contains information and interactive games on bullying, cyber bullying and internet safety.	http://www.spvm.qc.ca
K – 7	Bullying/Violence Prevention		Focus on Bullying	Bullying prevention program for Elementary schools. Specific approaches for each grade level.	http://www.bced.gov.bc.ca/sco/resourcedocs/bullying.pdf
8 – 12	Bullying/Violence Prevention		Focus on Harassment and Intimidation: Responding to bullying in secondary school communities	Bullying prevention program for Secondary schools, focusing on harassment and intimidation to try to provide a safe learning environment.	http://www.bced.gov.bc.ca/sco/resourcedocs/fob_sec.pdf Yukon Department of Education, Resource Services Email: resserv@gov.yk.ca Ph. #: 1-867-667-5161
K-12	Bullying/Violence Prevention		No Bullying Wristbands		Scholastic Canada
K-5	Bullying/Violence Prevention		I don't Bully Pack	Character building books with full-colour photos, honest text, and real-life examples	Scholastic Canada
High School					
K-10	Drugs/Alcohol/Addiction		School Drug and Alcohol Programs in BC	A compilation of drug and alcohol programs and resources in BC, provided by the BC government.	http://www.bced.gov.bc.ca/health/school_drug_alcohol_programs.pdf
10-12	Drugs/Alcohol		Centre for Addictions Reserach	An App - New Impaired-Driving App is "Good to Go"; Includes a self-reflective quiz and fun graphics, the app takes new and soon-to-be drivers on a ride exploring different types of impairment and the factors that can increase or decrease their impact on a driver's decisions and abilities behind the wheel.	ITUNES

10	Mental Health		Saskatchewan Wellness Curriculum 10	A holistic approach including the physical, spiritual, social and psychological aspects.	https://www.edonline.sk.ca/bbcswebdav/library/curricula/English/Physical_Education/Wellness_10_2012.pdf
K - 12	Mental Health		Here to Help: SCHOOL RESOURCES FOR BC (eating disorders, self-harm, psychosis, depression and suicide)	An online mental health and substance use database compiled of resources for teaching professional's use, which can be filtered for subject matter and grade level.	http://www.heretohelp.bc.ca/srcat/ http://www.heretohelp.bc.ca/sites/default/files/school-resource-guide.pdf
K-12	Mental Health		Creating Self-Regulation Student Profiles	A handout from self-regulation expert, Stuart Shanker, on supporting students to feel calm, alert, and ready to learn in classrooms.	http://www.ernweb.com/Studentprofilesandout.pdf
7-12	Health/Mental Health		MyHealth Magazine phone app	Phone app for health related questions and help lines and resources (mental health, sexual health, housing and shelter...)	http://www.myhealthmagazine.net/phoneapps.html
7-9	Health/Mental Health		Junior High Mental Health Toolkit	The <i>Junior High (JHS) Mental Health Kit - Be Kind to Yourself and Others</i> (May 2012) is a curriculum-based teaching resource for students in grades 7 to 9. The purpose of the kit is to teach students about mental wellness. Youth today are experiencing more stress and anxiety than ever before. In addition, there is acknowledgement that most mental illness begins during these formative years, and treatment outcomes are generally improved the earlier someone receives help. It is important that all youth develop the skills to enhance their mental well-being and prevent the development of mental illness.	http://www.albertahealthservices.ca/ps-7344-mhk-jhs-manual.pdf
4 - 6	Nutrition		Sip Smart! BC	A program that allows teachers to teach children about sugary drinks and how to make healthy drink selections.	http://dotcms.bcpeds.ca/sipsmart/teachers/
K - 8	Nutrition		Healthy Lifestyles Resources/Lesson Plans: Heart Health	Grade specific lesson plans and fun activities for children to learn about healthy eating and lifestyles that enhance heart health.	http://www.sd67.bc.ca/healthyschools/Healthy_Lifestyles_Lesson_Plans.htm
4 - 6	Nutrition		B.C. Dairy Foundation (Food Sense)	Food sense is designed to fit the Health and Career Curriculum. Students assess their diet and daily physical activity and create personal plans to improve them.	Ph. #: 1.800.242.MILK [6455] http://www.bcdairy.ca/uploads/bcdairy/Workshops/food-sense-en.pdf
5 - 8	Nutrition		Bone Zone (B.C. Dairy Foundation)	Youth learn about the importance of diet and exercise to build healthy bones.	Ph. #: 1.800.242.MILK [6455] http://www.bcdairy.ca/nutritioneducation/workshops/bone-zone-grades-5-8
2 - 3	Nutrition		Food For Us! (B.C. Dairy Foundation)	Designed to fit the Health and Career Curriculum, this workshop helps teach children about the four food groups and additionally teaches about balanced meals and healthy snacks.	Ph. #: 1.800.242.MILK [6455] http://bcdairy.ca/uploads/bcdairy/Workshops/food-for-us-en-curr.pdf
K - 1	Nutrition		Food Explorers (B.C. Dairy Foundation)	Designed to fit the Health and Career Curriculum, Food Explorers exposes students to new varieties of food.	http://bcdairy.ca/uploads/bcdairy/Workshops/food-explorers-en-curr.pdf
K - 12	Nutrition		Eat Smart, Meet Smart	Tips for healthy snacks at meetings, conferences, etc.	http://www.health.gov.bc.ca/healthyeating/pdf/eat-smart-meet-smart.pdf
K - 12	Nutrition		How to Make Fast Food Healthier	Tips for turning fast food into healthier meal options.	http://www.bced.gov.bc.ca/health/healthier_foods.pdf
K - 12	Nutrition		Caffeine and the Student Body	Information about caffeine and the adverse effects it has on children.	http://www.bced.gov.bc.ca/health/caffeine.pdf

K	Nutrition		Heart Healthy Lesson Plans	Identify nutritious foods, identify body parts, learn about harmful substances and learn how to seek assistance when it's needed.	http://www.heartandstroke.bc.ca/site/c.kpIPKXOyFmG/b.6420579/k.F05D/Healthy_Kids_Heart_Healthy_Lesson_Plans_Kindergrade_n.htm
K - 12	Nutrition	Y	Bake Better Bites: Recipes and tips for healthier baked goods	BC ministry of education helpful guide for parents, volunteers, and school staff to follow when making baked goods for sale to students	http://www.bchealthyliving.ca/sites/all/files/BakeBetterBites.pdf
K - 12	Nutrition	Y	BC Trans Fat Regulations	Regulation of all BC food service establishments that must meet new requirements regarding trans fat in order to be sold	http://district.sd40.bc.ca/sites/default/files/trans%20fat.pdf
K - 12	Nutrition	Y	School Meal and School Nutrition Program Handbook	Handbook was created to support school meal coordinators, school administrators, caterers and others who are involved in providing healthy food and beverages at school to vulnerable students	http://district.sd40.bc.ca/sites/default/files/School%20Meals%20and%20Nutrition%20guidelines.pdf
K - 7	Nutrition	Y	"Play First Lunch" Toolkit	Toolkit for initiating children playing first before eating their lunch. This will help children eat and drink more and help with their behavior.	http://healthyeatingatschool.ca/uploads/play-first-lunch-toolkit-september-2007-kr.pdf
K - 12	Physical Health & Activity		ActNow BC - Healthy Eating and Physical Activity Learning Resource	Provides teachers with classroom-based lesson plans based on healthy eating and physical activity.	http://www.bced.gov.bc.ca/health/healthy_eating/physical_activity_learning.htm
K - 12	Physical Health & Activity		BC Performance Standards for Healthy Living	An assessment resource to support and align with the BC curriculum for healthy living.	http://www.bced.gov.bc.ca/perf_stands/healthy_living/welcome.htm#
K-12	Physical Health & Activity		B.C. Physical Education Curriculum	A PE curriculum as prescribed by British Columbia.	http://www.bced.gov.bc.ca/irp/subject.php?lang=en&subject=Physical_Education
10	Physical Health & Activity		Ministry of Education Healthy Eating and Physical Activity Learning Resource: Grade 10	Provides teachers with lesson plans encouraging healthy living, physical activity, and healthy eating. This is a good resource for Planning 10 teachers.	http://www.bced.gov.bc.ca/health/healthy_eating_phys_act_gr10.pdf
K - 12	Physical Health & Activity		Action Pages!	A physical activity, physical education & healthy resource guide for teachers.	http://www.actionschoolsbc.ca/sites/default/files/uploads/Action%20Pages%21_0.pdf
K - 12	Physical Health & Activity		Healthy Families BC	B.C. program encouraging people to take steps toward having a healthier lifestyle.	http://www.healthyfamiliesbc.ca/
1 - 8	Physical Health & Activity		Heart Healthy Lesson Plans	Teacher's curriculum-based resource for Healthy Living Activities.	http://www.heartandstroke.bc.ca/site/c.kpIPKXOyFmG/b.4026837/k.F03B/Healthy_Kids_Heart_Healthy_Lesson_Plans.htm
K - 3	Physical Health & Activity		Jumping into the Curriculum - Heart Smart Kids	Fun filled jump rope activities that assist in teaching language, math, science, arts and social studies concepts.	http://www.heartandstroke.com/atf/cf/%7B99452D8B-E7F1-4BD6-A57D-B136CE6C95BF%7D/Jumping_K-3_Eng.pdf
K - 12	Physical Health & Activity		Daily Physical Activity	Requirements of daily physical activity for children. BC schools need to be implementing the recommended amount of physical activity children need per school day.	http://www.bced.gov.bc.ca/dpa/pdfs/program_guide.pdf
K - 12	Physical Health & Activity	X	Government of Alberta, Community Gardens	Gardens are the second most popular form of exercise in Canada. Promote physical activity while being outdoors while growing fresh, wholesome produce.	http://www.healthyalberta.com/690.htm
K-12	Psychosis		Early Psychosis Intervention - Fraser Health: Psychosis Sucks	A website promoting early detection, educating about psychosis and providing direction for seeking help.	http://www.psychosissucks.ca/
K-12	Self-harm		Canadian Mental Health Association, BC Division	Information on self-harm, as well as treatments, supports, and resources.	http://www.cmha.bc.ca/get-informed/mental-health-information/self-harm
6-12	Sexual Health		Northwest Territories	" Respect Yourself: A Sexual Health Lesson Plan Kit for the Northwest Territories" - and fully available in French on the same website	http://respectyourself.ca/teachers?t=sh

5-12	Sexual Health		Youth In BC	A website providing support for LGBTQ kids and youth who are coming out.	http://youthinbc.com/youth-issues/lgbt/
5-12	Sexual Health		Youth In BC	A website providing honest, straightforward information about sex and sexuality to youth.	http://youthinbc.com/youth-issues/sex-and-sexual-health/
5-12 and special educationo	Sexual Health		FLASH: Seattle Department of Health	Family Life and Sexual Health curriculum	http://www.kingcounty.gov/healthservices/health/personal/famplan/educators/FLASH.aspx
High School	Sexual Health		Streetwise to Sexwise: Sexuality Education for High Risk Youth by Dr. Steve Brown and Bill Taverner, Planned Parenthood		http://www.sexedstore.com/wp-content/uploads/2013/03/Streetwise-to-Sex-Wise-Evaluation.pdf
4-12	Sexual Health		Calgary Health Region and Alberta Health Services	Teaching Sexual Health - website for lesson plans	http://teachers.teachingsexualhealth.ca/lesson-plans
6 – 10	Substance Misuse		Healthy Lifestyles Resources/Lesson Plans: Drug Prevention	Grade specific lesson plans for drug prevention.	http://www.sd67.bc.ca/healthyschools/Healthy_Lifestyles_Lesson_Plans.htm

National/International

K-12	Injury Prevention		Parachute Canada	Safety resource database	http://www.parachutecanada.org
K-12	Mental Health		Canadian Association of Mental Health	CAMH provides information on anxiety disorders adapted from <i>Anxiety Disorders: An Information Guide</i> .	http://www.camh.ca/
K-12	Bullying & Violence Prevention		<i>Bullying Prevention: What Parents Need to Know—Parents Guide</i>	This guide offers information and practical strategies parents can use to help their children build healthy relationships and prevent violence.	http://www.prevnet.ca/bullying/parents
K-12	Bullying & Violence Prevention		Cyber-bullying—Identification, Prevention and response Fact Sheet	A fact sheet on identifying, preventing, and responding to cyber-bullying.	http://www.cyberbullying.us/Cyberbullying_Identification_Prevention_Response_Fact_Sheet.pdf
5-12	Bullying & Violence Prevention		Suicidal Thinking and Behavior Among Youth Involved in Verbal and Social Bullying: Risk and Protective Factors	An article from the journal of adolescent health on the relationship between bullying and suicide in youth.	http://www.jahonline.org/issues?issue_key=S1054-139X%2813%29X0015-1
K-7	Bullying & Violence Prevention		PATHS (Providing Alternative Thinking Strategies)	The PATHS Curriculum is a program for educators and counselors that is designed to facilitate the development of self-control, emotional awareness, and interpersonal problem-solving skills.	http://www.prevention.psu.edu/projects/PATHS.html
K-12	Bullying & Violence Prevention		Bully-Proofing Your School (BPYS)	A recognized school safety program for handling bully/victim problems through the creation of a "caring majority" of students who take the lead on establishing and maintain a safe and caring school community.	http://www.schoolengagement.org/index.cfm/Bully%20Proof%20Your%20School

3-6	Bullying & Violence Prevention		Steps to Respect	A program for grades 3-6 which begins with school administration taking stock of their bullying policies and procedures and creating a baseline using surveys and existing data to track progress. Next, all adults in the school are trained in recognizing and dealing with bullying. Once this groundwork is laid, classroom lessons about healthy relationships and bullying are taught.	http://www.cfchildren.org/steps-to-respect.aspx
K-12	Bullying & Violence Prevention		Safe School Ambassadors Program (SSA)	A program which engages and mobilizes bystanders in the prevention of bullying behaviour.	http://community-matters.org/programs-and-services/safe-school-ambassadorsb
K-8	Bullying & Violence Prevention		Seeing Red: An anger management and peacemaking curriculum for kids	A curriculum designed to help elementary and middle school-aged students better understand their anger so they can make healthy and successful choices and build strong relationships.	Yukon Department of Education, Resource Services Email: resserv@gov.yk.ca Ph. #: 1-867-667-5161
K-12	Bullying & Violence Prevention		Media Smarts	A bilingual, Canadian educational web site containing resources to help teachers integrate media and web literacy, and to explore topics including cyber-bullying.	http://mediasmarts.ca/cyberbullying
8-12	Bullying & Violence Prevention		Bullying Begins as Words: English and Communications Writing Prompts for Teens and Adults	A 62-page book that includes information on teaching in a standards-based environment in addition to a dozen writing prompts related to exploring the verbal and nonverbal aspects of bullying.	http://www.you-can-teach-writing.com/writing-prompts-bullying.html#flip
5-12	Bullying & Violence Prevention		50 activities for teaching emotional intelligence level II & III	Provides teachers with 50 activities for teaching emotional intelligence.	Yukon Department of Education, Resource Services Email: resserv@gov.yk.ca Ph. #: 1-867-667-5161
K-12	Bullying & Violence Prevention		Imagine a world that is free from fear	A resource package that entails lesson plans, activities and worksheets. The lesson plans that are in this book used different themes such as pride and self-respect; safe schools and safe communities; anti-bullying and conflict resolution; and relationships. It also provides different ideas for assessment.	Yukon Department of Education, Resource Services Email: resserv@gov.yk.ca Ph. #: 1-867-667-5161
1-12	Bullying & Violence Prevention		Passport program: A journey through emotional, social, cognitive and self-development	A curriculum that helps students in grades 1-5 learn positive mental health concepts by developing self-acceptance, personal relationship skills, problem-solving and decision-making strategies, and skills to deal with troublesome emotions.	Yukon Department of Education, Resource Services Email: resserv@gov.yk.ca Ph. #: 1-867-667-5161
4-5	Bullying & Violence Prevention		Bullyproof	Provides a framework for teachers and students to understand bullying and to develop appropriate responses to such behaviour. The program contains eleven sequential core lessons for fourth and fifth graders.	Order online (i.e. http://www.barnesandnoble.com/w/bullyproof-nan-stein/1114123460?ean=9780964192119)
4-12	Bullying & Violence Prevention		Anger in the Classroom: A practical guide for teachers	A workbook for classroom educators with exercises to explore their own anger and to practice particular skills for more effective communication and anger diffusion, and a reference guide with information and strategies to be applied when dealing with students' anger. The book contains exercises designed to be used with students from grades 4 and up.	Yukon Department of Education, Resource Services Email: resserv@gov.yk.ca Ph. #: 1-867-667-5161
5-12	Bullying & Violence Prevention		Mind Your Mind	A website, fact sheet for youth containing information on cyber-bullying and cyber-safety.	http://mindyourmind.ca/help/facts-a-symptoms/4097-cyberbullying

K-12	Bullying & Violence Prevention		Cyberbullying.ca	A website providing information on cyber-bullying.	http://cyberbullying.ca/
K-12	Bullying & Violence Prevention		Cyberbullying.us	Resources, discussion sheets, and word puzzles from the Cyber-bullying Research Centre.	http://cyberbullying.us/category/resources/
K-12	Bullying & Violence Prevention		Roots of Empathy	Roots of Empathy is an evidence-based classroom program that has shown significant effect in reducing levels of aggression among school children while raising social/emotional competence and increasing empathy.	www.rootsofempathy.org
K-6	Bullying & Violence Prevention		Bully-Proofing Your School	A whole-school curriculum, offering lesson plans and materials aiming to prevent bullying behaviour from surfacing within the early childhood classes by teaching the students the social skills necessary to avoid victimization.	http://pffac.org/bully-proofing-your-school
K-12	Cyberbullying		Common Sense Media	K-12 lesson plans	http://www.common Sense Media.org/educators
5-12	Depression		Mind Your Mind	A website, fact sheet providing information on depression.	http://www.mindyourmind.ca/help/facts-a-symptoms/depression
K-12	Drugs/Alcohol/Addiction		DrugFreeAZ.org	An organization promoting community education and awareness on drug use by providing parents, caregivers, healthcare providers, educators and others with educational tools, information and resources.	http://drugfreeaz.org
K-12	Drugs/Alcohol/Addiction		Government of Canada – Healthy Canadians	Information from the Government of Canada on drugs, substance abuse, and addiction, including tools for parents to help keep their children drug-free.	http://healthycanadians.gc.ca/health-sante/addiction/index-eng.php
K-12	Drugs/Alcohol/Addiction		Canadian Association of Mental Health – Addiction: An Information Guide	Addiction: An Information Guide is a resource for those who are having problems related to alcohol or other drug use, their families, and anyone else wanting to gain a basic understanding of addiction, its treatment and management.	http://knowledgex.camh.net/amhspecialists/resources_families/Documents/addiction_guide_en.pdf
5-12	Drugs/Alcohol/Addiction		Parent Action Pack	The <i>Parent Action Pack</i> is meant to give parents and other caregivers a quick, accessible route to the issues involved in guiding their youth to healthier, safer decisions	http://parentactionpack.ca/
K-12	Drugs/Alcohol/Addiction		Street Drugs.org	Street Drugs.org provides the latest information available regarding both legal prescription and illegal street drugs.	http://streetdrugs.org/
6-12	Drugs/Alcohol/Addiction		Drug Guide for Parents – Learn the Facts to Keep Your Teen Safe	A chart providing street names for drugs, as well as information on what the drug looks like, how it's used, what teens have heard, why it is dangerous, teen usage, signs of abuse, and other important to know information.	http://theparenttoolkit.org/images/uploads/toolkit/resource_files/drug-chart.pdf
6-12	Drugs/Alcohol/Addiction		DrugFree.org	DrugFree.org provides support and resources for parents dealing with teen drug and alcohol abuse.	http://www.drugfree.org/
6-12	Drugs/Alcohol/Addiction		Xperiment.ca	Xperiment.ca provides drug facts for Canada's youth.	http://www.xperiment.ca/index_en.html

6-12	Drugs/Alcohol/Addiction		Above the Influence	Above the Influence provides information to help teens stand up to negative pressures and influences, including the pressure to use drugs, pills, and alcohol.	http://www.abovetheinfluence.com/about
K-12	Drugs/Alcohol/Addiction		National Anti-Drugs Strategy – Drugs Not 4 Me	Information on the effects of drugs and how kids can say “no”.	http://www.nationalantidrugstrategy.gc.ca/prevention/youth-jeunes/index.html
6-12	Drugs/Alcohol/Addiction		National Anti-Drugs Strategy Tool Kit: Talking with Your Teen About Drugs	A Tool Kit to help parents, guardians and other caring adults talk with teens about drugs	http://www.nationalantidrugstrategy.gc.ca/prevention/parents/get-obtenez.html
5-12	Eating Disorders		Mind Your Mind	A website fact sheet providing information on eating disorders.	http://www.mindyourmind.ca/help/facts-a-symptoms/eating-disorders
K-7	Mental Health		Put a Positive Spin on Peer Pressure	A resource providing information regarding how to teach about peer pressure to students.	http://www.teachervision.fen.com/classroom-management/peer-counseling/4737.html
K – 2	Mental Health	Y	Zippy’s Friends	A program that promotes mental health and emotional well-being in children.	http://www.partnershipforchildren.org.uk/teachers.html
8-12	Mental Health		Mental Health & High School Curriculum Guide: Understanding Mental Health and Mental Illness	Provides teachers with a user and student-friendly way of meeting the learning objectives and curriculum requirements related to mental health and mental illness.	http://www.teenmentalhealth.org
Hish School	Safety Prevention		Uk RedCross	Carbon monoxide safety information	http://www.redcross.org.uk/What-we-do/Teaching-resources/Quick-activities/Carbon-monoxide
High School	Safety Prevention		Kidde	Carbon monoxide resources	http://www.kiddecanda.com/utcfs/ws-384/Assets/LessonPlanCO.pdf
K – 8	Nutrition	Y	Mission Nutrition	Curriculum connected lessons on healthy eating, active living, and positive self-esteem with the use of space-themed adventures.	http://www.missionnutrition.ca/missionnutrition/eng/educators/kto1.html
4 – 6	Nutrition	Y	Weight of the World Challenge: Healthy Eating tips for Teachers	Provides background information about healthy eating and healthy weight and obesity. Also gives examples of classroom activities to address healthy eating topics and suggests resources for further information.	http://www.weightoftheworld.ca/weightoftheworld/e/toolkit/documents/wow_healthy_eating_tips_for_teachers.pdf
K – 12	Nutrition	Y	Eating Well with Canada’s Food Guide	Outlines the recommendations for which and how much of each type of food you need and the associated benefits of healthy eating.	Ph #: 1-800-926-9105 http://www.hc-sc.gc.ca/fn-an/food-guide-aliment/order-commander/index-eng.php#1
K – 12	Nutrition	Y	Dietitians of Canada – Nutrition Month	March is nutrition month; find fact sheets, healthy recipes while celebrating food from field to table.	http://www.dietitians.ca/Downloadable-Content/Public/Nutrition-Month-2013-Exec-Summary-English.aspx
K – 7	Nutrition	Y	Healthy Buddies	A teacher guided, student facilitated program focused around moving your body, nutrition, and feeling good about yourself with the inclusion of 21 classroom lessons, fitness loops, and additional activities.	http://www.healthybuddies.ca/index.htm

K – 12	Nutrition	X	Nutrition Facts Label	The Nutrition Facts information table gives information on 13 core nutrients and calories in an amount of food.	http://www.hc-sc.gc.ca/fn-an/label-etiquet/nutrition/cons/index-eng.php
4 – 7 ?	Nutrition	X?	Learning About Fats	A website providing kid-friendly information about different types of fat and the importance of fat.	http://kidshealth.org/kid/stay_healthy/food/fat.html
K – 12	Nutrition	X	Childhood Obesity Foundation of Canada	The Childhood Obesity Foundation aims to reduce childhood obesity by promoting these 4 simple steps: eating 5 fruit and vegetables per day; only 2 hours of screen time per day; 1 hour of physical activity per day; and consuming 0 sugary drinks per day.	http://www.childhoodobesityfoundation.ca/
K-12	Physical Health		Canadian Diabetes Care guide	A guide for healthy living.	http://www.diabetescareguide.com/physical-activity/
K – 1	Physical Health & Activity		Lather Up for Good Health	A resource for hand-washing education.	http://www.colgate.com/LatherUpForGoodHealth/v3/US/EN/downloads/ClassroomGuide.pdf
K – 12	Physical Health & Activity	Y	Communities and Schools Promoting Health: Health Lesson Plans	Health lesson plans designed for teachers, ranging from HIV/STI resources to mental health resources and healthy eating lesson plans.	http://www.safehealthyschools.org/lessonplansintro.htm
10 – 12	Physical Health & Activity	Y	Hi5Living	A resource set out by the BC Cancer Agency in order to as part of its Healthy Living Schools Program. This resource provides information for students about making healthy choices regarding smoking, etc. Teachers will benefit from this resource by providing information about S.M.A.R.T. goals regarding healthy living for assistance in making Healthy Living Plans and for completion of Graduation Transitions.	http://www.hi5living.org/ http://www.hi5living.org/hi5-tools.php
5 – 9	Physical Health & Activity	X	Pumping it Up: A Heart Health Resource for Grades 5-9	A set of resources that allow teachers to help their students understand the importance about heart health and how to maintain good heart health through exercise, nutrition, and active lifestyles.	http://www.everactive.org/uploads/files/Documents/Curriculum%20Supports/K-12%20PE/Pumping%20It%20Up%205-9.pdf
4 – 6	Physical Health & Activity	Y	Heart Smart Kids: A teacher’s curriculum-based resource for healthy living activities	This resource, while giving student’s information, encourages students to focus on what they enjoy. It touches on subjects such as healthy eating, physical activity, smoking, and making healthy choices, each in separate modules.	http://www.jumpropeforheart.ca/Content/Files/239_HealthyLivingActivities_r6.pdf
12	Physical Health & Activity	X	Generation D: A young adult’s guide to diabetes self-management	A guide for young adults who are living with diabetes that covers issues such as grocery shopping, traveling, dating, smoking and drinking, as well as many more topics. From the Canadian Diabetes Association.	http://www.diabetes.ca/documents/about-diabetes/GenerationD.pdf
K – 7	Physical Health & Activity	Y	At My Best	A free comprehensive, curriculum-supported toolkit designed to help promote and develop children’s overall wellness. This unique resource combines physical activity, healthy eating and emotional well-being to support healthy, happy children.	http://www.atmybest.ca/teachers
K – 6	Physical Health & Activity	Y	Jumping Into the Curriculum	This cross-curricular resource provides elementary teachers with fun-filled jump rope activities that assist in teaching language, math, science, and the arts and social studies concepts while nurturing multiple intelligences.	http://www.heartandstroke.com/atf/cf/%7B99452D8B-E7F1-4BD6-A57D-B136CE6C95BF%7D/Jumping_K-3_Eng.pdf http://www.heartandstroke.com/atf/cf/%7B99452D8B-E7F1-4BD6-A57D-B136CE6C95BF%7D/Jumping_4-6_Eng.pdf
K – 12	Physical Health & Activity	X	Canadian Diabetes Physical Activity Guide	Physical activity information for people with diabetes.	http://www.diabetescareguide.com/en/physicalactivity.html

5-12	Psychosis		Mind Your Mind	This website provides fact sheet providing information on psychosis.	http://mindyourmind.ca/help/facts-a-symptoms/psychosis
K-7	Safety	Y	KidsHealth: How to Use 911	<i>How to use 911</i> provides children with information about 911, when to use it, and how to use it appropriately.	http://kidshealth.org/kid/watch/er/911.html
K-12	Safety		C3P-Canadian Centre for Child Protection	C3P provides resources for children, parents and educators on stranger and cyber-safety.	https://www.protectchildren.ca
K-9	Safety		Kids in the Know	A stranger and cyber safety resource.	https://www.protectchildren.ca/app/en/overview_kidsintheknow
K-12	Self-harm		Harm reduction: An approach to reducing risky health behaviours in adolescents	A position paper from the Canadian Pediatric Society, providing a background and definition of harm reduction as a public health policy, and to describe how to effectively use harm reduction with adolescents.	http://www.cps.ca/documents/position/harm-reduction-risky-health-behaviours
K-12	Self-harm		Help Guide: Self-harm	This guide provides information on self-harm, as well as self-injury treatments and supports.	http://www.helpguide.org/mental/self_injury.htm
K-12	Self-Harm		TheSite.org	This website providing information and advice on self-harm and recovery.	http://www.thesite.org/healthandwellbeing/mentalhealth/selfharm
6 – 12	Sexual Health	Y	Sexuality and You website	Sexuality and You helps teachers to inform students about contraception, prevent sexually transmitted infections (STI) and promote sexual well-being within a comprehensive, positive approach to sexuality. Website of the Society of Obstetricians and Gynaecologists of Canada	http://sexualityandu.ca/en/teachers http://www.sexualityandu.ca/
5-12	Sexual Health		Human Papiloma Virus Information Website	Helps teachers give reliable information to girls who may be considering the HPV vaccination offered across the Yukon to grade 6 girls only. Website of the Society of Obstetricians and Gynaecologists of Canada	http://www.hpvinfos.ca/
3-12	Sexual Health		Beyond the Basics: A sourcebook on sexual and reproductive health education	Beyond the Basics is a tool for educators who deliver sexual and reproductive health education to 9 – 18 year olds. Recommended by the Society of Obstetricians and Gynaecologists of Canada. http://www.sexualityandu.ca/resource-library/single/related-links/beyond-the-basics	Yukon Department of Education, Resource Services Email: resserv@gov.yk.ca Ph. #: 1-867-667-5161
K-12	Sexual Health		Teaching Sexual Health website	Comprehensive sexual health lesson plans for teachers of all grades, sorted by topic and grade. Includes diagrams, teaching tools, instructional methods, and online workshops. This innovative website is developed by Alberta educators and health professionals.	http://teachers.teachingsexualhealth.ca/
6-12	Sexual Health		Healthy Relationships Toolkit	Les EssentiElles. Comprehensive lesson plan toolkit on healthy relationships. Available in French and English	http://www.lesessentielles.ca/

6 – 10	Substance Misuse		iMinds	iMinds provides students with information about how to live a healthy life without chronic disease by increasing mental health and social-emotional literacy, and providing important knowledge and life skills in order to reach this goal.	http://www.iminds.ca
K-12	Suicide		Canadian Mental Health Association	CMHA provides information on suicide prevention, treatment, and support.	http://www.camh.ca/en/hospital/health_information/a_z_mental_health_and_addiction_information/suicide/Pages/default.aspx
5–12	Suicide		Mind Your Mind	This website provides fact sheet for youth providing information on suicide.	http://mindyourmind.ca/help/facts-a-symptoms/suicide

HEALTHY SCHOOL POLICY

Description

- Management practices, decision-making processes, rules, procedures and policies at all levels that promote health and wellbeing, and shape a respectful, welcoming and caring school environment.

	IRP	Resource	Resource Description	Resource Contact Information
Yukon Territory				
K – 12	Bullying & Violence Prevention	Safe and Caring Schools	The Safe and Caring Schools policy is a commitment of the school community to plan, strategize and create a respectful, safe and nurturing educational environment for everyone.	http://www.education.gov.yk.ca/pdf/policy_safe_schools.pdf
K-College	Bullying & Violence Prevention	Violence, Threat, Risk Assessment Protocol (VRRRA)	An inter-departmental protocol ensuring that threat assessment response teams are developed.	http://www.education.gov.yk.ca/pdf/Yukon_Education_Violence_Threat_Risk_Assessment_Protocol.pdf
K-12	Bullying & Violence Prevention	Sexual Orientation and Gender Identity	A policy outlining requirements for all schools to provide a safe and inclusive environment for all Yukon students including LGBTQ. It includes guidelines for safe spaces, resources, safe contacts, training and GSAs.	http://www.education.gov.yk.ca/pdf/sogi_policy_updated_dec_14.pdf
K-12	Bullying & Violence Prevention	Progressive Response to Student Behaviour	Yukon Education promotes a restorative approach to discipline.	http://www.education.gov.yk.ca/pdf/Draft_Progressive_Response_Policy.pdf
K-12	Bullying/Violence Prevention	Policy 5003 Video Surveillance in Schools and on School Buses Policy	The purpose of this policy is to help maintain discipline, and to ensure the safety of students and staff.	http://www.education.gov.yk.ca/policy/video.html
K–12	Drugs/Alcohol/Addiction	Policy 1006 Substance Abuse	To support substance free schools and supportive interventions.	http://www.education.gov.yk.ca/policy/substance_abuse.html

K-12	Nutrition	Policy 1023 School Sale of Home-Prepared Foods to the Public	Measures to ensure health standards are met and First Nations culture foods supported.	http://www.education.gov.yk.ca/policy/home_prepared_foods.html
K-12	Nutrition	Policy 1025 School Nutrition	Promotion of good nutrition and healthy food choices to our students. The inclusion of food safe measures and First Nations food and culture.	http://www.education.gov.yk.ca/policy/nutrition.html
K-12	Nutrition	Growing Forward 2	Yukon Agricultural Programming Guide	Energy, Mines and Resources, Agricultural Branch Ph. #: 867-667-5838 www.agriculture.gov.yk.ca
K-12	Physical Health & Activity	Anaphylaxis Policy	The purpose of this policy is to reduce preventable, serious reactions and deaths due to anaphylaxis/life threatening allergies in schools by providing clarity to school staff, parents and students regarding roles and responsibilities that comply with Anaphylaxis Canada safety standards.	http://www.education.gov.yk.ca/pdf/allergies_anaphylaxis_policy_sept_2012.pdf
K-12	Physical health & Activity	Policy 4003 Administration of Medication to Students	The purpose of this policy is to provide clarity to school staff, parents and students regarding their roles and responsibilities when a student is at risk from severe or life threatening medical conditions and requires medication, emergency care and/or other medical support.	http://www.education.gov.yk.ca/pdf/administration_of_medication_to_students_policy_june_2013.pdf
K-12	Physical Health & Activity	Kids Recreation Fund	This fund provides financial assistance to kids for participation in organized sport and recreation programs.	http://www.community.gov.yk.ca/cd/rec_funding.html
K-Adult	Physical Health & Activity	Yukon Recreation Act		http://www.community.gov.yk.ca/pdf/recreation_act.pdf
K-12	Physical Health & Activity	Youth Investment Fund	The Youth Investment Fund provides financial support to short term projects aimed at youth. These programs should promote self-esteem, encourage development of positive lifestyle choices, or create social or recreational opportunities.	http://www.hss.gov.yk.ca/youth_investment.php
K-12	Physical Health & Activity	Yukon Active Living Strategy 2012	The goals and recommendations for action will counteract the rising incidence of obesity and inactivity and support Yukoners to reach Canada's physical activity guidelines and targets. The renewed Strategy emphasizes the importance of the After-School Time Period.	http://www.community.gov.yk.ca/
K-12	Youth Engagement	Policy 1026 Fund Raising Policy	Guidelines to promote health and social responsibility of students.	http://www.education.gov.yk.ca/pdf/Fundraising_Policy_.pdf
Provincial				
K - 12	Nutrition	Healthy Eating at School	Provides information about healthy eating in schools and provides many examples pertaining to ideas and policy implementation.	http://healthyeatingatschool.ca/
K-12	Physical Health & Activity	Healthy Schools in Motion - Manitoba	Physical Literacy Toolkit	http://www.manitobainmotion.ca/common/uploads/files/Physical_Literacy_Toolkit.pdf
National				

K-12	Mental Health	Mental Health Strategy for Canada 2012	<p>6 Strategic Directions:</p> <ol style="list-style-type: none"> 1. Promote mental health across the lifespan in homes, schools, and workplaces, and prevent mental illness and suicide wherever possible. 2. Foster recovery and well-being for people of all ages living with mental health problems and illnesses, and uphold their rights. 3. Provide access to the right combination of services, treatments and supports, when and where people need them. 4. Reduce disparities in risk factors and access to mental health services, and strengthen the response to the needs of diverse communities and Northerners. 5. Work with First Nations, Inuit, and Métis to address their mental health needs acknowledging their distinct circumstances, rights and cultures. 6. Mobilize leadership, improve knowledge, and foster collaboration at all levels. 	http://www.mentalhealthcommission.ca/English/Pages/Strategy.aspx?ro utetoken=ca0f556568e8e8ec22d4513fff6630095&terminal=41
K-12	Nutrition	School Nutrition Policies: Annotated Web Reference List	A document compiling various school nutrition policies that have been implemented across Canada.	http://www.everactive.org/uploads/files/Documents/Annotated%20Nutrition%20Policy.pdf
K-12	Physical Health & Activity	Joint Consortium on School Health	Resources: Positive Mental Health, Physical Activity, Substance Abuse, H Healthy Eating, Sexual Health, and Healthy Weights.	http://www.jcsh-cces.ca/index.php/resources/specific-topics
K-12	Physical Health & Activity	Our Health, Our future: A National Dialogue on Healthy Weights 2011	The number of overweight and obese Canadian children has risen steadily in recent decades prompted this report.	http://www.phac-aspc.gc.ca/hp-ps/hl-mvs/ohof-nsna/index-eng.php
K-12	Physical Health & Activity	Tools of Change	Provides information regarding best-practices for promoting health, safety, and environmental citizenship.	http://www.toolsofchange.com/en/home/
K-9	Physical Health & Activity	No Child Without – Canadian MedicAlert Foundation	A program for children 5-14 years of age to ensure that medical conditions are protected by the Canadian MedicAlert® Foundation, for increased protection during a medical emergency.	http://www.nochildwithout.ca/
11-12	Physical Health & Activity	Par-Q and You	Physical Activity Questionnaire to determine if physical activity is safe to start participating in.	http://www.csep.ca/cmfiles/publications/parg/par-q.pdf
K-12	Physical Health & Activity	Checklist/Guidelines for School Health Programs to Prevent Injury	A checklist for use by school professionals for the assessment of readiness of the school to prevent unintentional injuries using a comprehensive school health approach.	http://www.safehealthyschools.org/injury_prevention/InjuryPreventionSchoolChecklist.pdf
K-12	Physical Health & Activity	Canadian Physical Activity Guidelines	Guidelines for physical activity in Canada.	http://www.csep.ca/english/view.asp?x=804

PARTNERSHIPS AND SERVICES

Description

Partnerships are:

- The connections between the school and students' families.
- Supportive working relationships within schools (staff and students), between schools, and between schools and other community organizations and representative groups.
- Health, education and other sectors working together to advance school health.

Services are:

- Community and school based services that support and promote student and staff health and well-being.

Target Grade Level(s)	Usage	IRP	Resource	Resource Description	Resource Contact Information
Yukon Territory					
K-12	Bullying & Violence Prevention		Women's Directorate – Yukon Government	<p>The Women's Directorate works closely with a network of women's groups and non-government organizations and agencies throughout the Yukon for ensuring that women's concerns are brought forward.</p> <ol style="list-style-type: none"> 1) "Am I the Solution?" Campaign – A social marketing campaign to address violence against women. 2) "I wish I could say . . ." Booth Campaign - Phase II of the "Am I the Solution?" Campaign. This interactive booth represents a giant tongue and invites youth to "enter and speak". 3) Gender Stereotyping workshops 	http://www.womensdirectorate.gov.yk.ca/
K-12	Bullying & Violence Prevention		Circles of Respect and Equality	CORE is an initiative led by an interagency group, including the Department of Education. CORE is dedicated to preventing violence against women and children.	http://stopviolenceinyukon.ca/index.html
K-12	Bullying & Violence Prevention		Youth Directorate –Executive Council Office	<p>The Youth Directorate supports youth leadership and encourages youth engagement in social, economic and cultural activities.</p> <ol style="list-style-type: none"> 1. Provides operational funding to BYTE is a 'for youth, by youth' organization, focused on empowering and promoting youth throughout the Yukon and Canada's north. BYTE facilitates youth-led workshops to youth across the Yukon. Relevant workshop topics include: Anti-bullying, Anti-Oppression, Exploring Relationships, and Safe Partying. 2. Provides operational funding to the Boys & Girls Club, which provides a safe supportive place where youth can experience new opportunities, overcome barriers, build positive relationships and develop confidence and skills for life. 3. Youth Leadership & Activities Program (YLAP) is an annual funding program 	<p>http://www.yukonyouth.com/</p> <p>http://www.bgccan.com/en/ClubsPrograms/Pages/dd7e0b52-52dc-dd11-85d3-001ec9ce32d5.aspx</p> <p>http://www.eco.gov.yk.ca/youthdirector/winter_program.html</p>

				that focuses on youth leadership development through employment, training and activities for youth. YLAP supports youth initiatives in 16 rural communities and Kwanlin Dun First Nation. Youth –age 25 4. Youth Investment Fund (H&SS, Educ, ECO, Justice, CS, WD) provides funding for youth (under 19) projects through an application process	http://www.hss.gov.yk.ca/youth_investment.php
6-12	Bullying & Violence Prevention		Victoria Faulkner's Women's Centre	Victoria Faulkner's provides programs and supportive services for youth and adults (e.g., Girl's Club, 12 Days to end Violence Against Women campaign)	http://victoriafaulknerwomenscentre.blogspot.ca/
K-12	Bullying & Violence Prevention		Yukon Women's Shelters	Shelters for women and their children escaping abuse. <ul style="list-style-type: none"> • Kaushee's Place/Betty's Haven - Whitehorse • Dawson City Women's Shelter – Dawson • Help and Hope For Families - Watson Lake 	http://www.womensdirectorate.gov.yk.ca/shelters.html
K-12	Bullying & Violence Prevention		Dawson City Women's Shelter	A shelter for women and their children escaping abusive situations.	
6-12	Bullying & Violence Prevention		Les EssentiElles	Les EssentiElles provides services and programming to French adult and youth women.	http://www.lesessentielles.ca/
8-12	Drugs/Alcohol/Addiction		Improving Treatment and Support for Yukon Girls and Women with Substance Use Problems and Addictions	An Interdepartmental Working Group between the Women's Directorate, the Department of Justice, the Department of Health and Social Services, the Bureau of Statistics, and the Government of Yukon.	http://www.hss.gov.yk.ca/pdf/wd_safw_report.pdf http://www.womensdirectorate.gov.yk.ca/pdf/wd_treatment.pdf
K+	Drugs/Alcohol/Addiction		YUKON ADDICTIONS SURVEY (YAS) PRELIMINARY RESULTS 2005	This survey is Yukon's portion of a national survey dedicated to assessing the prevalence of non-medical drug use.	http://www.hss.gov.yk.ca/pdf/yas2005.pdf
5-12	Drugs/Alcohol/Addiction		Yukon Tobacco Reduction Strategy	The strategy is two pronged – the first goal is to support children and adolescents to resist tobacco messaging so that they will never start smoking; the second goal is to help smokers quit and stay smoke-free.	http://www.hss.gov.yk.ca/pdf/tobaccoreductionstrat.pdf
5-12	Drugs/Alcohol/Addiction		Yukon Substance Abuse Resource Directory	A directory of Yukon substance abuse service providers.	http://www.hss.gov.yk.ca/pdf/substance_abuse_directory.pdf
8-12	Drugs/Alcohol/Addiction		Alcohol and Drug Services (ADS)	Provides counseling for youth at Whitehorse high schools and at the ADS downtown location. Counsellors provide confidential and professional support for youth who might be experiencing challenges in areas such as, but not limited to: social concerns, substance use and addictions, family issues, separation/divorce, sexuality, emotions, eating disorders, self-harm, suicide, bullying, depression, fear and anxiety, loss and grief, and self-concept.	ADS Counsellor for Porter Creek Secondary School: 1-867-667-8798 or 1-867-335-0095 ADS Counsellor for Vanier Catholic and FH Collins Secondary Schools: 1-867-667-5724 or 1-867-334-7064

6-12	Drugs/Alcohol/Addiction		Blood Ties Four Directions Centre	Blood Ties is the Yukon's information and support centre for HIV/AIDS and Hepatitis C.	http://bloodties.ca/blood-ties-services/
K-12	Mental Health		Learning Disabilities Association of Yukon	LDAY works to provide leadership in learning disabilities advocacy, education, programs and services and to advance the full participation of children, youth and adults with learning disabilities in today's society	http://www.ldayukon.com/
K-12	Mental Health		Yukon Health & Social Services – Mental Health Services	A community mental health clinic offering assessment, individual and group therapy, supportive counseling and referral services for a wide range of emotional and behavioural problems and mental illnesses.	http://www.hss.gov.yk.ca/mental_health.php
K-12	Mental Health		Hospice Yukon	Hospice Yukon works to enhance the quality of life for those facing advanced illness, death and bereavement through skilled and compassionate care, education and advocacy.	http://www.hospiceyukon.net
K-12	Mental Health		Many Rivers Counseling and Support Services	Promotes healthy relationships within the family, in the workplace and the community through the following programs: Support, education, and counselling; Intake and referral services; Play therapy for children; Youth work; Outreach Van; Community information and referrals; Health and lifestyle education; Employee assistance programs; Lending library	http://www.manyrivers.yk.ca/
K-12	Mental Health		Fetal Alcohol Syndrome Society of Yukon	A not-for-profit organization serving those affected by Fetal Alcohol Spectrum Disorder.	http://fassy.org
K-12	Mental health		Victim Link	A toll-free, confidential, multilingual telephone service available across BC and Yukon 24 hours a day, 7 days a week.	http://www.Victimlink.ca Ph. #: 1-800-563-0808
11-12	Mental Health		Grad Transitions	Health and Social Services in partnership with Education support activities, provides presentations, and resources to ease the transition for students leaving high school.	http://www.hss.gov.yk.ca/healthpromotion.php
K-12	Nutrition		Yukon Food for Learning	The Yukon Food for Learning Association (YFFLA) is a non-profit organization dedicated to the nutritional needs of the youth & the community of the Yukon.	http://www.yukonfoodforlearning.ca/
K-12	Physical Activity		Yukon Aboriginal Sport Circle	YASC is a not for profit society in Whitehorse dedicated to the advancement of Aboriginal sports and recreation in the Yukon.	http://www.yasc.ca/
K-12	Physical Health & Activity		Department of Environment, Yukon- Parks	Youth Programs	http://www.env.gov.yk.ca/
K-12	Physical Health & Activity		Health and Social Services, Health Promotion Unit	Various programs in terms of nutrition, sexual health and youth engagement	http://www.hss.gov.yk.ca/ email: health.promotion@gov.yk.ca

K-12	Physical Health & Activity		Health and Social Services (Health Promotions and Wellness Initiative)	Various programs in terms of nutrition, sexual health and youth engagement	http://www.hss.gov.yk.ca/
K-12	Physical Health & Activity		Active Yukon Schools – Community Services	Striving to Enhance Physical Activity, Active Yukon Schools! RPAY's Active Yukon Schools program is a school-based initiative that furthers the integration of daily physical activity and healthy living.	http://www.rpay.org/content.php?id=29
K-12	Physical Health & Activity		Community Services – Sports and Recreation Branch	<p>Respect Group Inc. is the parent organization for the online education programs Respect in Sport for Coaches and Activity Leaders, Respect in Sport for Parents, Respect in the Workplace, and Respect in School. Their programs focus on the topics of bullying, abuse, harassment and neglect and include information about emotional and physical development, discrimination, hazing, and the inherent power individuals may have over one another by virtue of their position within an organization, group, team or school.</p> <p>Respect in Sport, Canada's only interactive, online certification program to protect our youth and enhance an organization's mandate for safe, fun and respectful environments for all. Respect in Sport was developed as a grass-roots online tool so sport and community organizations can now actually deliver on their commitment to creating a safer environment for all participants; coaches, parents, leaders etc.</p>	http://www.community.gov.yk.ca/
K	Physical Health & Activity		Yukon Child Development Centre (CDC)	The CDCe works with families and community members to provide early supports and therapeutic services to Yukon children from birth to school age. Services offered include assessment, follow-up programming, and groups for children and parents. Services can take place at the Centre, homes, or child care program and are offered in all rural communities.	http://www.cdcyukon.com/
7-10	Physical Health & Activity		Health Behaviour in School-aged Children (HBSC) survey	A national and Territorial survey is conducted on 11-15 years olds to collect data on young people's attitudes, behaviour, and physical and psychological well-being to assist in the development of effective health education and school health promotion policy, programs, and practice. The purpose of the HBSC study is to gain insight and increased understanding of young people's health, well-being, and health behaviour and their social contexts.	http://www.hss.gov.yk.ca/health_behaviours.php
K-12	Physical Health & Activity		Pathways to Wellness Initiative	Pathways to Wellness offer a holistic approach to wellness with information and tips on nutrition, exercise, and social emotional well- being.	http://www.yukonwellness.ca/
8-12	Physical Health & Activity		Know X Report and Next Steps	Health Promotions is offering leadership workshops for young people based on the findings of the Health Behaviour of School-Aged Children.	http://www.hss.gov.yk.ca/healthpromotion.php
K-12	Psychosis		Yukon Early Psychosis Intervention	YEPI promotes a holistic care approach for young people experiencing psychosis.	http://realityrules.ca
8-12	Sexual Health		Better to Know	Better to Know provides sexual health information for youth in the Yukon Territory.	http://bettertoknow.yk.ca/ Sexual Health Line: 1-877-YK STYLE(1-877-957-8953)

K-12	Sexual Health		Yukon Communicable Disease Control - Get A Test	Get a Test promotes STI testing in the Yukon Territory and provides locations for confidential testing.	http://www.getatest.ca/index.php 1-800-661-0408
K-12	Youth Engagement		Kwanlin Dun First Nation	Kwanlin Dün First Nation refers to Kwanlin Dun First Nation citizens living together in the Traditional Territory of the Kwanlin Dün First Nation. Kwanlin Dun First Nation offers many supports and programs to First Nation citizens.	http://kwanlindun.com/
K-12	Youth Engagement		Health and Social Services – Youth Achievement Centre (YAC)	YAC provides day and after-school programs that promote trust, respect and responsibility in youth at risk and youth under the direction of the justice system. YAC also provides an anger management program and the SNAP (under 12 years) program.	http://www.hss.gov.yk.ca/yac.php
K-12	Youth Engagement		Executive Council Office-Programs and Services –Youth Organizations	A guide to programs and organizations serving Yukon youth.	http://www.youth.gov.yk.ca/ps_youth_centres_and_organizations.html
6-12	Youth Engagement		Northern Cultural Expressions Society	NCES offers carving programs dedicated to First Nations and other cultures.	http://northernculture.org/
K-12	Youth Engagement		Snookum Jim’s Friendship Centre	This organization is committed to a vision of bettering the spiritual, emotional, mental & physical well -being of First Nations peoples, and fostering the way of Friendship & understanding between people. Programming includes, tutoring, leisure activities, youth diversion programs, employment center and emergency shelter.	http://skookumjim.com/
K-12	Youth Engagement		Youth Child and Youth Advocate Office	The Child & Youth Advocate office advocates for children and youth to make sure they are protected and supported so they can feel safe, be listened to and respected	http://ycao.ca/
K-12	Youth Engagement		Council of Yukon First Nations (CYFN)	The Council of Yukon First Nations is a non-profit society working for ten of the First Nations of the Yukon. It provides leadership and guidance in a number of areas including both education and health and services to enhance First Nations partnership with Yukon Government.	http://www.cyfn.ca/
4-7	Youth Engagement		Yukon College	All Girls Science Club	http://www.yukoncollege.yk.ca/research/projects/all-girls_science_club_at_yukon_college
K-7	Youth Engagement		Whole Child Program available at a few of our schools	A Steering Committee representative of participating partners including the Yukon Departments of Education, Justice and Health & Social Services, the RCMP, non-governmental agencies, and school administration oversees the WCP. Activities include Open Gym and Computer Lab, childcare, monthly swim nights for the whole family and free transportation for downtown families. Special interest workshops for families such as parenting classes, cooking, literacy initiatives, stained glass mosaics, stenciling, knitting, and scrap booking are part of WCP Night.	http://www.education.gov.yk.ca/

Provincial

K-12	Suicide		Youth In BC	YouthInBC.com is a program of the BC Crisis Centre, connecting youth with support, information and resources.	http://www.youthinbc.com 24hr distress line: 1.866.661.3311
National/ International					
K-12	Bullying & Violence Prevention		Prevnet.ca	Prevnet is Canada's authority on research and resources for bullying prevention.	http://www.prevnet.ca
K-12	Bullying & Violence Prevention		The Dalia Centre for Peace and Education	The Dalai Lama Center for Peace and Education educates the heart and fosters compassion through creative learning, facilitating and applying research, and connecting people and ideas.	http://dalailamacenter.org/
K-12	Bullying & Violence Prevention		Canadian Centre for Child Protection	The Canadian Centre for Child Protection is a registered charitable organization dedicated to the personal safety of all children. Our goal is to reduce child victimization by providing programs and services to the Canadian public.	https://www.protectchildren.ca/app/en/
K-12	Bullying & Violence Prevention		Canada Centre for Threat Assessment and Trauma Response	CCTATR presents a model for threat assessment.	http://www.cctatr.com/threat_assess.htm
K-12	Bullying & Violence Prevention		EGALE CANADA	A national source of resources, research and training and advocacy for the LGBTQ population.	http://egale.ca/
K-12	Bullying & Violence Prevention		Stop a Bully	Stop a Bully provides assistance to any student in any school in Canada and provides schools/students with a safe and anonymous Bullying Reporting System. Stop a Bully helps increase bullying awareness and accountability within schools to allow officials to be more proactive in prevention.	www.stopabully.ca
K-12	Drugs/Alcohol/Addiction		Canadian Centre of Substance Abuse	CCSA provides national leadership and advance solutions to address alcohol- and other drug-related harm.	http://www.ccsa.ca/Eng/Pages/Home.aspx
K-12	Drugs/Alcohol/Addiction		Parent Toll-Free Help Line	A toll free, help line, providing support to parents on drug use.	1-855-DRUGFREE (1-855-378-4373) www.theparenttoolkit.org
6-12	Drugs/Alcohol/Addiction		AL-ANON: ALATEEN	Alateen is part of the Al-Anon Family Groups; Al-Anon meetings are for anyone affected by someone else's drinking.	www.al-anon.alateen.org
K-12	Mental Health		CAMH-Centre for Addiction and Mental Health	The Centre for Addiction and Mental Health (CAMH) is Canada's largest mental health and addiction teaching hospital, as well as one of the world's leading research centres in the area of addiction and mental health.	http://www.camh.ca/en/hospital/Pages/home.aspx

k-12	Mental Health		Collaborative for Academic, Social, and Emotional Learning	CASEL is an international Leader in research and resources in the area of SEL. Their mission is to establish social and emotional learning as an essential part of education.	http://www.casel.org
K-12	Mental Health		Self-Regulation Initiative	The Canadian Self-Regulation Initiative supports children in learning what it feels to be calm, alert and focused to learn.	http://www.self-regulation.ca/about-us/canadian-self-regulation-initiative-csri/
K – 12	Mental Health		Kids Help Phone	A free, anonymous and confidential counseling service for kids and teens available 24 hours a day, 7 days a week. This resource acts as an outlet for kids and teens that have any problems or concerns.	Ph. #: 1-800-668-6868 http://org.kidshelpphone.ca/en/
K-12	Nutrition		Breakfast Club of Canada	Breakfast at school also offers an alternative when, for whatever reason, having breakfast in another environment isn't a healthy choice for children.	http://www.breakfastclubscanada.org/
K – 12	Physical Health & Activity		Health Canada	The Canadian National Health website.	http://www.hc-sc.gc.ca/
K – 12	Physical Health & Activity		World Health Organization	The World Health Organization website has initiatives, activities, information products, and contacts, organized by health and development topics.	http://www.who.int/en/
K-12	Physical Health & Activity		Joint Consortium on School Health	A partnership of federal and provincial and territorial governments, JCSH provides leadership and facilitates a comprehensive approach to school health by building the capacities of health and education systems to work together.	http://www.jcsh-cces.ca/
K-12	Physical Health & Activity		Canadian Public Health Agency	The Canadian Public Health Agency promotes and protects the health of Canadians through leadership, partnership, innovation and action in public health.	http://www.phac-aspc.gc.ca/index-eng.php
K – 12	Physical Health & Activity		Walking School Bus	Program created to increase the number of children who walk or bike to school while using a walk-ability check list to ensure it is a safe walking environment.	http://www.walkingschoolbus.org/
K-12	Physical Health & Activity		ParticipACTION	ParticipACTION is a national voice of physical activity and sports participation in Canada.	http://www.participaction.com/en-us/Home.aspx
6 – 12	Physical Health & Activity		College of Family Physicians of Canada – Childhood Vaccines	Information about vaccines, and why it's important for children to have the vaccines. It provides descriptions of each virus and what vaccine will help prevent it.	http://www.cfpc.ca/ProjectAssets/Templates/Resource.aspx?id=1362&langType=4105